

Merton Uplift Recovery College June Courses

Introduction to Recovery & Identity (Two Sessions)

Friday 4th June
11.00am – 12.30pm
&
Friday 11th June
11.00am – 12.30pm

Managing Change & Building Resilience (Two sessions)

Wednesday 16th June
11.00am – 12.30pm
&
Wednesday 23rd June
11.00am – 12.30pm

*Limited Places Available, so please
book you FREE place today*

Contact us:
MertonWellbeing@swlstg.nhs.uk
020 35135 888

Or book directly via Eventbrite:
[Merton Uplift Events | Eventbrite](#)

Open to Merton residents or
registered with a Merton GP and 18 +

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